Short-Term Residential Therapeutic Program (STRTP)

STRTPs provide an integrated treatment model of 24-hour specialized intensive care and supervision. These residential facilities utilize trauma-informed and culturally relevant practices to provide the core services and supports needed by youth in foster care. Upon placement of a youth, a STRTP works collaboratively with placing agencies to facilitate transition to a home-based caregiver.

Medi-Cal Specialty Mental Health Services
- Clinical assessment of mental health needs
- Mental health services integrated into daily programming
- Individual, family or group therapy
- Medication support services

Activities Designed to Support Achieving a Successful Adulthood
- Life skills training, such as cooking, cleaning, financial management, driving and public transportation, relationships, and obtaining identification documents
- Development of lifelong connections, such as biological or nonrelated family members
- Assistance in obtaining information about housing funding, job training, healthcare, and other public benefits
- Access to public services and information about extended foster care

Services to Achieve Permanency or Adult Independence
- Family visitation
- Assistance in achieving legal permanency
- Therapy and treatment to heal from grief, trauma, and stigma

Transition Support Services
- Youth involvement in Child and Family Team transition planning
- Individualized process for guiding youth through family finding
- Providing a long-term connection to ensure permanency and placement stability

Educational, Social, Physical and Mental Health Supports
- Prioritizing strategies to keep youth at their school of origin
- Tutoring and assistance with college applications
- Educating youth on healthy lifestyles and decision making

For additional information or questions, please contact: CCR@dss.ca.gov

STRTP Webpage: http://www.cdss.ca.gov/inforesources/Continuum-of-Care-Reform/Short-Term-Residential-Therapeutic-Program