

Community First Choice Option (CFCO)

Development and Implementation Council

CSUS, Modoc Hall
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Agenda Review

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Meeting Purpose and Outcome

▶ **Purpose**

- Review and discuss the proposed 1915(k) CA SPA with the CFC Council.

▶ **Outcome**

- Gain public input, support and recommendations to guide the submission of the CA 1915(k) SPA.

Agenda

- ▶ Introductions
 - ▶ Overview
 - ▶ What is Community First Choice Option?
 - ▶ CA's Approach to Community First Choice Option Proposal
 - ▶ Next Steps
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Overview

- ▶ Development of an integrated Home & Community-Based Service system for CA's elderly & disabled
- ▶ Difficult times can create new opportunities
 - Affordable Care Act
 - Community First Choice Option

CA's Long-Term Care Vision

- ▶ What the future could look like –
 - 5-Year Process
 - Create New Assessments
 - No Wrong Door
 - Integrated System with H&CBS Waivers
 - Better Health Outcomes
- ▶ What can we do NOW?

What is “Community First Choice?”

Health Care Reform -
Affordable Care Act of 2010 (enacted
March 23, 2010), created:

- ▶ Community First Choice Option, Social Security Act §1915(k):
 - New home and community-based attendant services and supports opportunities
 - Expanded federal funding to 56%

What is “Community First Choice?”

- ▶ February 2011: Proposed §1915(k) Regulations Released by CMS
 - Final Regulations – Release date to be determined
- ▶ CMS’ Approval to Submit State Plan Amendment (SPA) Prior to Final Regulations
 - California’s CFCO program will be based on federal statute

CFCO Council Requirement

Key Requirement of §1915(k), and why we are all here today

- ▶ For a SPA to be approved, the State shall:
 - Establish a Development and Implementation Council for CFCO that includes a majority of members with disabilities, elderly individuals, and their representatives
 - Consult and collaborate with the Council

CA's State Plan Approach

Aggressive Timeline to Achieve Savings

- ▶ Phase One SPA:
 - To include the Personal Care Services Program (PCSP) and the IHSS Plus Option (IPO) Program
- ▶ Submit by December 1, 2011

CA's State Plan Approach

- ▶ Phase Two & Three SPAs:
 - Broaden Assessment Process to Ensure No Wrong Door Entry
 - Partner with Home and Community-Based Services Waiver programs to expand areas of Permissible Services
 - Conduct Outcomes Analyses
 - Create Healthcare Coordination and Integration
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CA's CFCO Design

Phase One SPA: Overview

- ▶ Eligibility
 - ▶ Service Package
 - Required Services
 - Permissible Services
 - ▶ Opportunities for Self-Direction
 - ▶ Quality Assurance/Improvement Plan
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CFCO Eligibility Criteria

- ▶ Individuals who are eligible for medical assistance under the State Plan
- ▶ Income thresholds must meet one of the following conditions:
 - Equal to or less than 150% of the federal poverty level (FPL)
 - Greater than 150% of FPL and eligible for nursing facility services under the State Plan

CFCO Services

Required Services:

1. Assistance with Activities of Daily Living (ADLs), Instrumental Activities of Daily Living (IADLs) and health-related tasks
- ▶ Examples include:
 - Bathing
 - Dressing
 - Meal Preparation
 - Paramedical Services

CFCO Services

Required Services:

2. Acquisition, maintenance, and enhancement of skills necessary for the individual to accomplish ADLs, IADLs and health-related tasks
- ▶ How will this be met?
 - Teaching and Demonstration: An IHSS provider helps enable a recipient to perform for themselves services which they currently receive from IHSS.

CFCO Services

Required Services:

3. Back-up System to ensure continuity of services and supports
- ▶ How will this be met?
 - Individualized Back-Up Plan and Risk Assessment process

CFCO Services

Required Services:

4. Voluntary Training for Recipients

- ▶ How will this be met?
 - Participant Handbook
 - Social Worker Training Academy, Participant Module

CFCO Services

Permissible Services:

- ▶ Phase One SPA: Restaurant Meal Allowance (RMA)
- ▶ Phase Two and Three SPAs: Possible Expansion
 - 1915(k) Allowable Permissible Services:
 - Expenditures for transitional costs
 - Expenditures related to increasing independence or substitute for human assistance

Self-Direction in CFCO

Self-Direction Concepts in CFCO:

- ▶ **Person-Centered Plan:**
 - Based on functional needs assessment
 - Based on individual preferences
 - Developed in collaboration with individual
- ▶ **Recipient Choice:**
 - Hire, fire and supervise provider
 - Decide how/when services are provided

Opportunities for Self-Direction

The following are areas of Self-Direction:

- ▶ Advance Pay (AP)
 - ▶ Restaurant Meal Allowance (RMA)
 - ▶ Spouse Providers
 - ▶ Parent(s)-of-minor Providers
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Quality Assurance/Improvement

The CFCO QA/QI Plan will include:

- ▶ Comprehensive & Continuous QA Process
 - Discovery
 - Remediation
 - System Improvement
- ▶ But, what does this mean to you?

Questions?



Next Steps

- ▶ Submit SPA to CMS by December 1, 2011
 - ▶ Await CMS questions and approval
 - ▶ Meet as needed with Council to implement CFCO
 - ▶ Meet with Council to discuss Phase Two SPA
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