

# **Program Snapshot: In Home Supportive Services (IHSS)**



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# IHSS Program Overview

- Program Structure
  - Administration
  - Funding
  - Programs
  - Population
  - Services & Supports
- Assessment and Authorization
- Case Management, Information, and Payrolling System (CMIPS II)

# IHSS

- Is an entitlement program
- Serves income-eligible individuals age 65 and older, blind and/or disabled
- Affords consumers the ability to remain safely in their own homes/communities in lieu of institutionalization



# IHSS Partnership



The administration of IHSS includes a complex partnership of the following entities:



# IHSS Budget

- \$6.2 billion total IHSS funds
- \$1.9 million is General Funds

# Programs in IHSS



<b>Programs</b>	<b>Population</b>
Community First Choice Option (CFCO)	181,549 consumers
IHSS Plus Option (IPO)	18,880 consumers
Personal Care Services Program (PCSP)	242,374 consumers
IHSS-Residual (IHSS-R) [state-only funds]	5,197 consumers
Overall Program Population	448,000 consumers

# IHSS Consumers

- IHSS is made up of approximately 448,000 consumers – IHSS consumers represent:
  - 25% are age 85 or older
  - 30% are ages 65-84
  - 38% are adult disabled
  - 7% are children under age 21

# On Average an IHSS Consumer

- Receives the following program services:
  - 89 hours of services per month in which –
    - 48.4% - Personal Care Services
    - 94.7% - Domestic and Related Services
    - 5% - Protective Supervision
    - 11% - Paramedical Services



# IHSS Providers

- IHSS is also made up of approximately 372,000 providers:
  - 73% are family members
  - 48% are live-in providers



# IHSS Program Services

- Personal Care Services
- Domestic & Related Services
- Protective Supervision
- Paramedical Services



# Utilization of Personal Care Services

Services	Percentages
Bathing/Hygiene	89%
Dressing	81%
Prosthesis Care	74%
Ambulation	58%
Transfers	55%
Bowel and Bladder Care	53%
Rubbing Skin	41%
Feeding	18%

# Utilization of Domestic and Related Services

Services	Percentages
Domestic/House cleaning	95%
Meal Prep & Meal Cleanup	94%
Laundry	96%
Food Shopping & Errands	95%
Medical Accompaniment	90%

# Utilization Of Other Services

<b>Services</b>	<b>Percentages</b>
Protective Supervision	5%
Paramedical Services	11%

# Core IHSS Services

- The core of all national HCBS programs is the use of the same ADLs and IADLs. This is also the core for IHSS.
- IHSS uses 11 ADLs and IADLs:
  - Ambulation, Bathing/Grooming, Dressing, Bowel/Bladder/Menstrual Care, Transfer, Feeding, Respiration, Housework, Laundry, Shopping and Errands, and Meal Preparation & Clean-up.
- Memory, Orientation, and Judgment

# IHSS Assessment Process

- Objective assessment criteria for ADLs and IADLs used by social workers include:
  - Tool – Needs Assessment Form (SOC 293)
  - Guidelines:
    - Functional Index Rankings
    - Annotated Assessment Criteria
    - Hourly Task Guidelines (HTGs)



# IHSS Assessment Tool

- Needs assessment form used to gather consumer's information at the home visit.
- Used by all 58 counties to assess needs and authorize program services – includes the following:
  - Consumer information, such as name, date of birth, and language preference
  - Number of persons and IHSS recipients in the household
  - Guardian/Conservator information, if applicable
  - Residence information
  - Disaster Preparedness information
  - Identification of services and frequency



# IHSS Assessment Tool

Utilizes the Functional Index Ranking Process for evaluating the ADLs and IADLs

Rank 1 – Independent; no assistance needed

Rank 2 – Able to perform but verbal assistance is needed

Rank 3 – Can perform with some human assistance

Rank 4 – Can perform but only with substantial human assistance

Rank 5 – Cannot perform with or without human assistance

Rank 6 – Paramedical Services needed are not part of the Core Assessment but require additional evaluation typically by a doctor.

# Annotated Assessment Criteria

- Description of each functional index ranking in relation to the ADLs and IADLs
- Social worker observations
- Consumer characteristics
- Questions to elicit further information

# Hourly Task Guidelines (HTGs)

- HTGs ensure consistency in how hours are authorized statewide
- Based on a consumer's individual functional index ranking for ADLs and IADLs, frequency that assistance is required, and other factors such as good/bad days
- Most service categories have their own time per task range
- Requires documenting exceptions when services fall outside the HTG range

# After the IHSS home visit...

- County IHSS social workers conclude the assessment – determine appropriate services, frequency and duration, and perform the following activities:
  - Enter the assessment information into CMIPS II
  - CMIPS II generates notices –
    - Notice of Action (NOA) to consumers
    - Provider Notification Form to providers

# CMIPS II Role in Assessment

- Automated Statewide Data System and Statewide Data Analysis
- Data Sharing with HCBS Programs and Managed Care
- CMIPS critical role in transitioning assessment information into payroll

# Statewide Data System & Analysis

- Statewide or county-specific case trends
- Quality Assurance monitoring needs
- Program areas needing improvement
- Statewide activities related to Program Integrity measures

# Data Sharing with Managed Care Organizations

- CDSS will provide the MCOs with monthly data downloads of consumer information:
  - Consumer Characteristics
  - Authorized hours & services
  - Activities of Daily Living (ADLs)
  - Instrumental Activities of Daily Living (IADLs)

# IHSS Assessment & CMIPS II Automation

- IHSS assessment drives the following automated CMIPS II functions:
  - Program service authorizations
  - Payments to providers
  - Case documentation
  - Case reports