

A PROJECT OF SAN DIEGO STATE UNIVERSITY SCHOOL OF SOCIAL WORK

## COMPREHENSIVE ASSESSMENT CONCEPTS (CAC)

## **AUDIENCE & PREREQUISITES**

IHSS employees who have completed IHSS 101 and already have basic experience in conducting IHSS assessments.

## **COURSE DESCRIPTION**

This training will provide detailed information on how to conduct accurate, individualized IHSS assessments by utilizing best practice techniques for interviewing, communicating, and following IHSS program guidelines for the authorization of services. Course content is delivered through multiple modalities including lecture, discussion, and group and individual activities.

## **COURSE OBJECTIVES**

Upon completion of the three day training, participants will achieve multiple objectives, including to:

- Define uniformity in the IHSS program and how it can be accomplished utilizing Functional Index Ranking, IHSS regulations, Annotated Assessment Criteria, Hourly Task Guidelines, and individualized assessments.
- Identify IHSS program rules that direct assessment and authorization of services.
- Describe successful best practice techniques for interviewing and communicating with consumers, families, and IHSS providers in order to obtain an accurate individualized assessment.
- Explain the importance of awareness and sensitivity to various cultures and how it impacts the assessment process.
- Explain the importance of documentation in creating a clear picture of a consumer's needs and in substantiation of the authorization process, including exceptions.
- Demonstrate the process of authorization of service hours using the Hourly Task Guidelines, including an ability to identify appropriate exceptions.
- Have an understanding of the programs that interact with IHSS and how these programs affect the authorization of services.
- Describe common mental illnesses and key things to consider when working with consumers with mental illness.



