



IHSS

IN-HOME SUPPORTIVE SERVICES
TRAINING ACADEMY

A PROJECT OF SAN DIEGO STATE UNIVERSITY SCHOOL OF SOCIAL WORK

IHSS 101

AUDIENCE & PREREQUISITES

IHSS employees who are beginning employment, have limited experience with IHSS, or are required to take a refresher course.

COURSE DESCRIPTION

This training will provide an overview of the history of IHSS, the programs offered by IHSS and their eligibility requirements, and the rules and regulations of IHSS. Additionally this training will cover how to appropriately conduct assessments, home visits, and interviews, and how to fill out program forms, and comply with proper documentation procedures. Course content is delivered through multiple modalities including lecture, discussion, and group and individual activities.

COURSE OBJECTIVES

Upon completion of the three day training, participants will achieve multiple objectives, including to:

- Explain the purpose and importance of uniformity in IHSS.
- Define the components of the functional index ranking and how they relate to the need for human assistance.
- Demonstrate the ability to utilize the Annotated Assessment Criteria and IHSS regulations in determining the functional ranking for an IHSS consumer.
- Explain the relationship between functional index scores and the authorization of IHSS services.
- Describe the IPO program and philosophy, enhanced assessment requirements, and how to complete the mandatory Individualized Back-Up Plan and Risk Assessment Form (SOC 864).
- Describe how to apply the Hourly Task Guidelines, including the definition of exceptions.
- Describe why the home visit is important, and steps the social worker can take to obtain an accurate assessment.
- Demonstrate the application of shared living regulations including the appropriate proration of services.
- Demonstrate the process of authorization of service hours using the Hourly Task Guidelines, including an ability to identify appropriate exceptions.