

Put healthy foods on your table with CalFresh!

CalFresh makes it easier for older adults to get healthy food.

Get healthy food

Use CalFresh to buy fresh fruits and vegetables, lean meats and beans, whole grains, and more.

It's easy

CalFresh benefits are issued on an electronic benefit transfer (EBT) card – like an ATM card. Use your EBT card at most grocery stores, neighborhood stores, and farmers' markets. Most CalFresh participants get more than \$100 each month.

You may be eligible

If you have a limited income, you may be eligible. **You are NOT eligible if you get Supplemental Security Income (SSI), but Social Security Retirement Benefits are OK.**

Special rules make it easier for older adults to get CalFresh

When you call:

- Tell the eligibility worker if you are 60 years or older.
- Ask for a phone interview – you may not need to apply in person.
- You may have savings, a house, and cars and still qualify.
- Tell your worker about your medical bills and housing costs that may be deducted from your income.

For more information about CalFresh, visit www.calfresh.ca.gov

Or call 1-877-847-3663

APPLY FOR CALFRESH TODAY AT:

