



UC CalFresh in Action

Alameda County: *Building Partnerships*

Oakland Unified School District

Early Childhood Education

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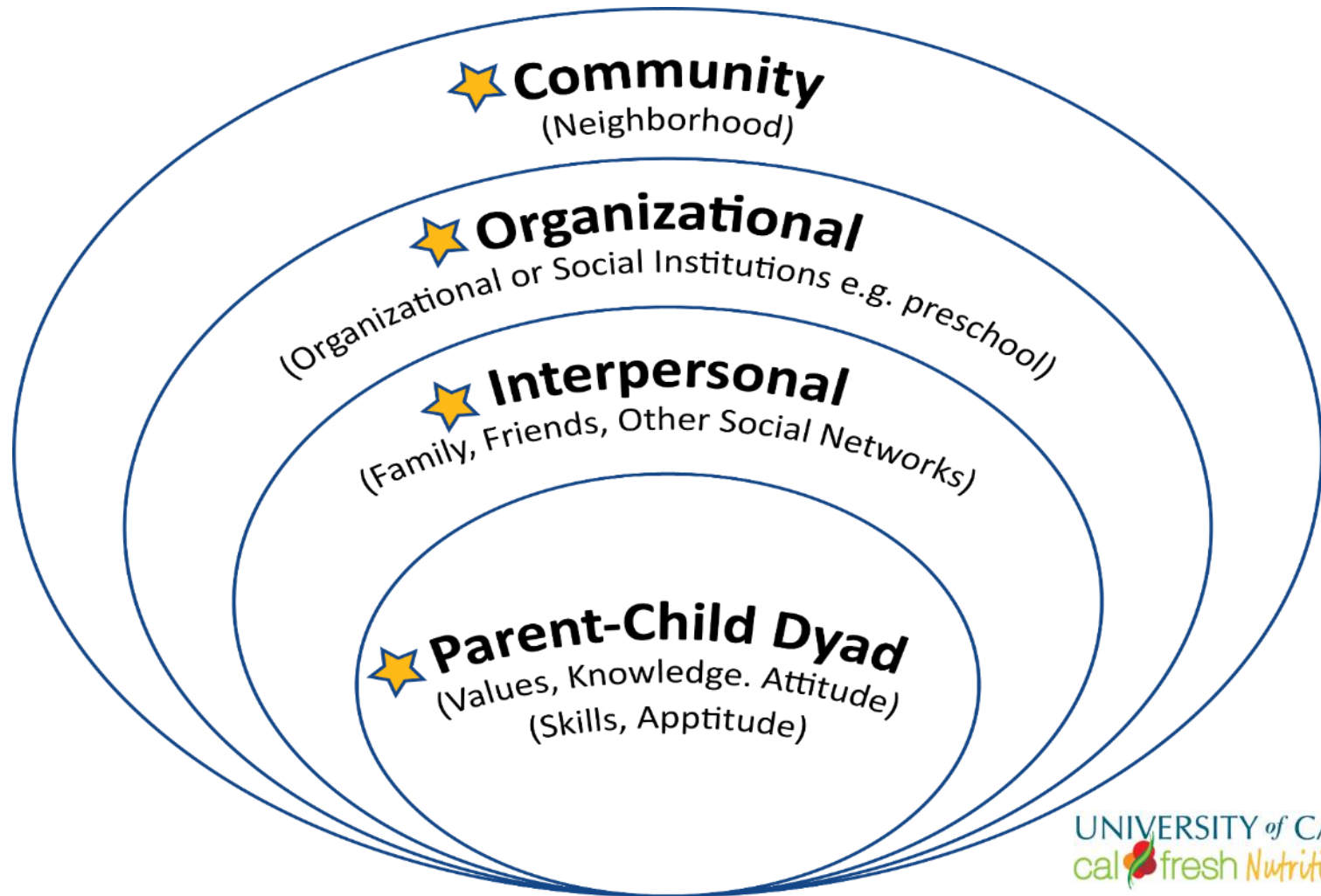
Leticia Christian, *Community Education Specialist I*

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UC CalFresh: Program Goals and Objectives

To improve the diet and nutrition-related skills of low income residents of Alameda County and their families.

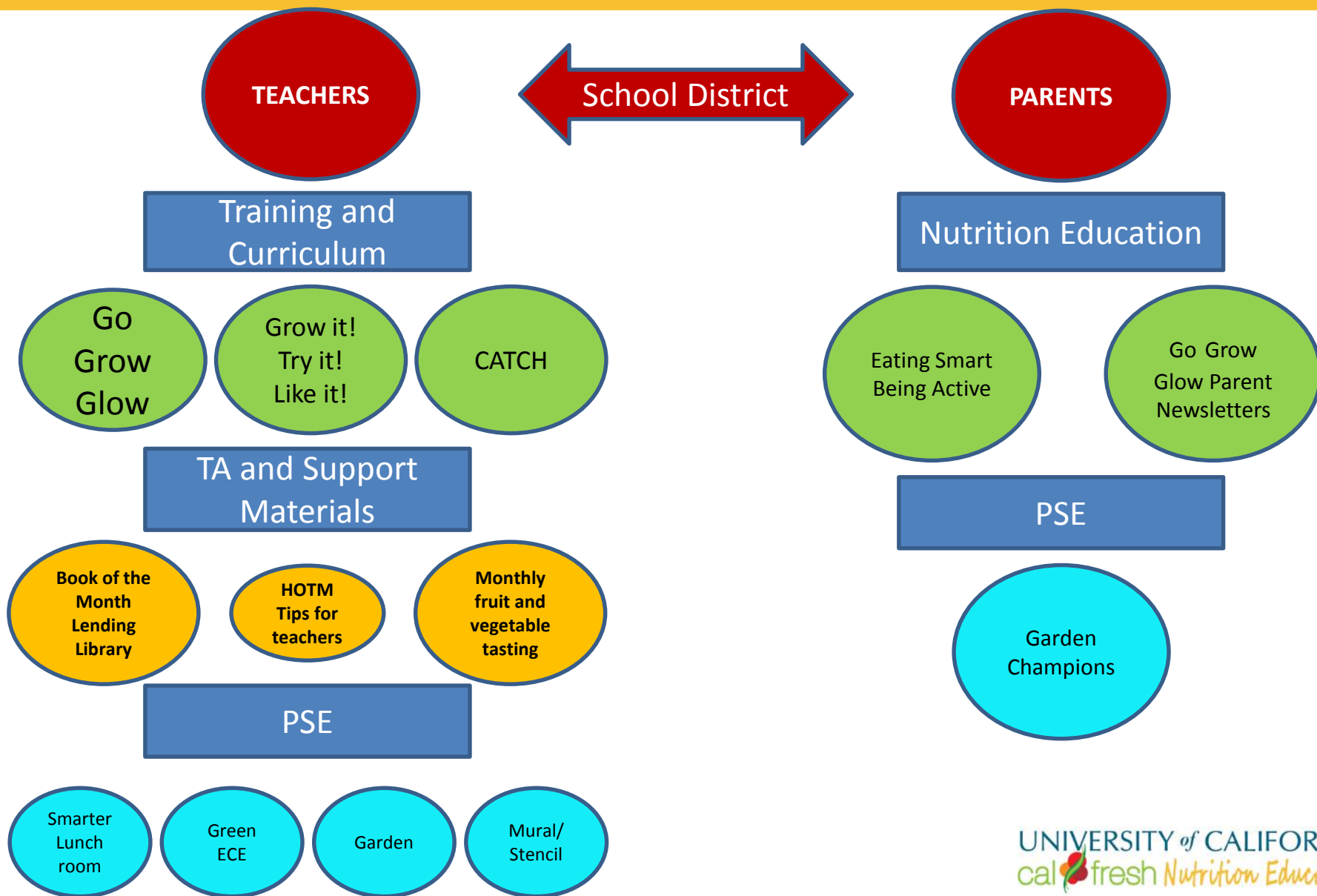
Socio-Ecological Model



Early Childhood Education

- 🌱 **TARGET:** Preschool children ages 3-5 and Early Childhood Educators
- 🌱 **METHOD:** Train extenders (teachers) to implement approved curriculum
- 🌱 **CURRICULUM:** Go Glow Grow





It's All About Partnership

Step 1:

Letter of Agreement: with UC Cal-Fresh and School District ECE Department

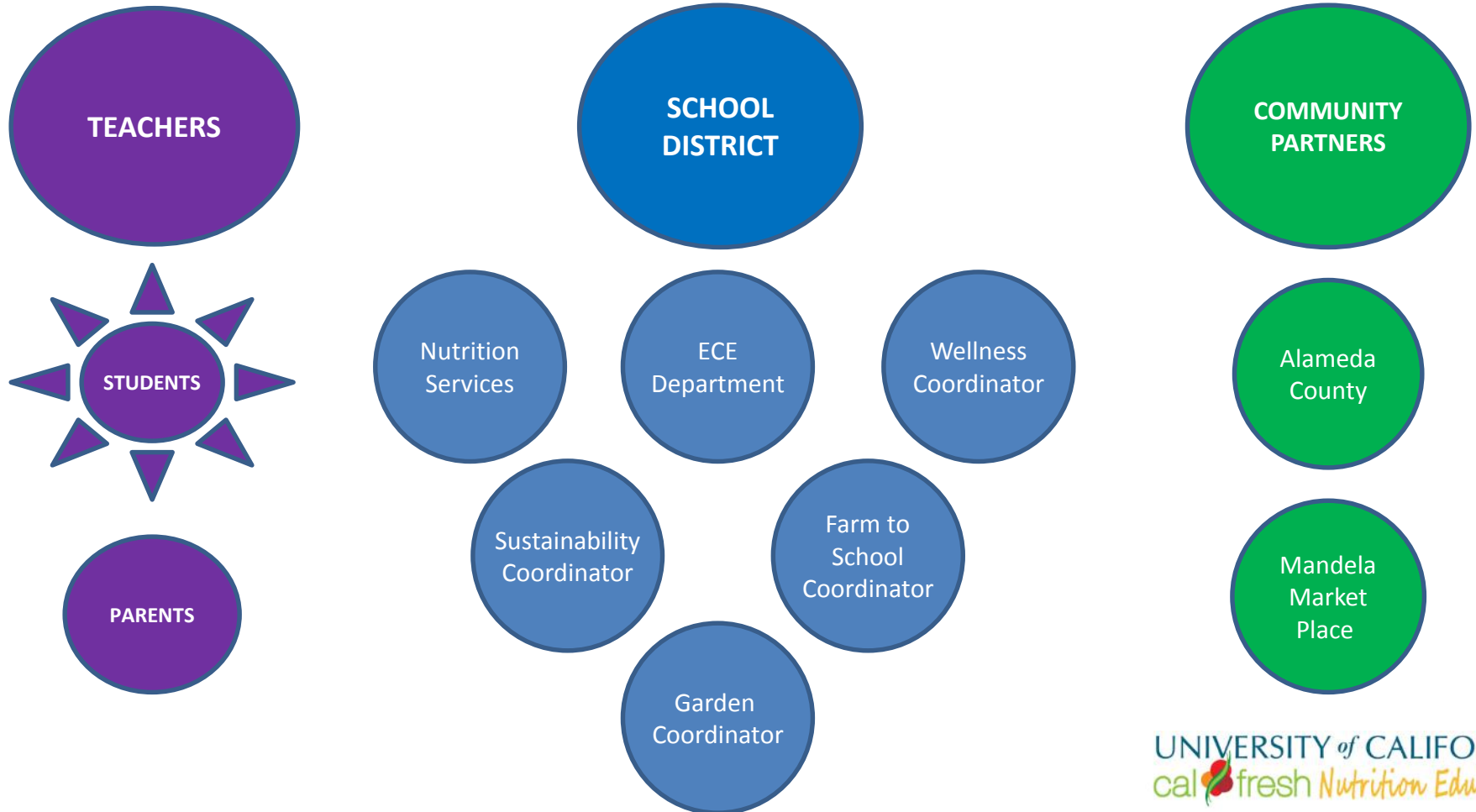
Step 2:

Go Glow Grow: Becomes the district's mandated Health & Wellness Curriculum

Step 3:

Pacing Guide: the School District and UC CalFresh co-create a GGG for extenders/teachers

PARNTERSHIPS





"The kids enjoyed the activities and snacks. Children told parents what they learned each day."



Go Glow Grow in Action

Harvest of the Month in Action



“Children talk more about healthy food. Kids are telling parents they cannot take certain foods to school because they are not healthy.”



“I am smart because I eat Spinach”



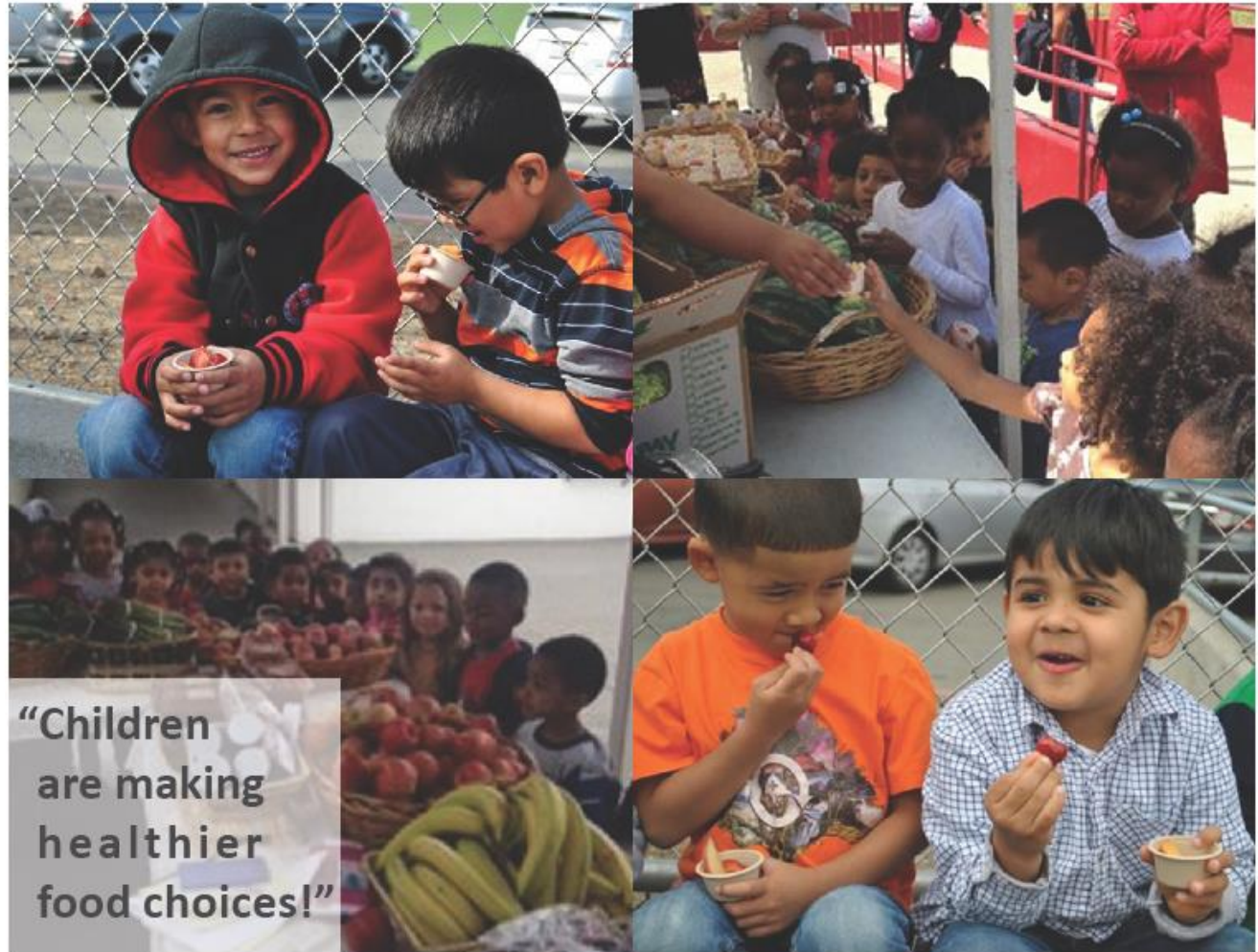
School Gardens in Action



"I could never imagine the transformation of my Pre-Kindergarten students before, during, and after using the *Farm to Fork and Go, Glow, Grow* curriculum. They loved to work in the garden each day. Better yet, they loved the vegetables we were producing."



Walking Field Trips: School Produce Market





Walking Field Trips: School Garden

Parent Education in Action



“I have learned a lot of different ways to eat more healthy, by adding more vegetables on the side and reading labels on products.”

“I cannot begin to explain how this class has helped me but, I will say this, I know how important and why we need our grain, veggies, protien, fruit and dairy.”



Our Reach and Outcomes

Early Childhood Education:

- 🌱 58 teachers from 28 schools trained
- 🌱 1700 being reached with 7 or more lessons
- 🌱 17 Harvest of the Month sites, reaching 1032 students at least 6 times with seasonal taste tests
- 🌱 8 school gardens at 6 sites reaching 200 students and parents

Moving Forward in 2016

- 🌱 Grow the School Gardens from 6 to 10 sites, 23 teachers and 677 students and parents
- 🌱 Expand our Harvest of the Month deliveries from 17 to 28 sites, reaching over 1500 students
- 🌱 Launch CATCH Physical Activity Programming
- 🌱 Pilot Smarter Lunchrooms
- 🌱 Pilot Painting Preschool-stencils
- 🌱 Expand green Preschool program from 6 to 28 sites

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UC CalFresh

UCCE Alameda

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Thank You

