

# GROUP PLANNED ACTIVITIES

FACILITY NAME	
FACILITY ADDRESS	
POPULATION SERVED	AGE RANGE

**NOTE:** Facilities must develop activities to meet the needs of the resident. (Health and Safety Code, Sections 1501, 1530 and 1569.30.) This guide is to assist you to identify activities available to the resident, and should be kept current. Residents should be encouraged to help plan, prepare and evaluate the activities. Planning includes use of space, equipment, community resources, volunteers and hired staff. This form may be used to calendar events.

**INSTRUCTIONS:** Complete each section as activities pertain to residents in your facility.

**EXAMPLE:**

**SOCIAL ACTIVITIES** - List group projects such as table games, arts, crafts, picnics, trips, celebrations, movies, and other activities that encourage social interaction among residents.

PLANNED ACTIVITIES	FREQUENCY	DURATION	LOCATION	RESPONSIBLE PERSON/TITLE
1. TABLE GAMES	3 TIMES A WEEK	2 HOURS	DINING ROOM	J. JONES, VOLUNTEER

**SOCIAL ACTIVITIES** - List group projects such as table games, arts, crafts, picnics, trips, celebrations, movies, and other activities that encourage social interaction among residents.

PLANNED ACTIVITIES	FREQUENCY	DURATION	LOCATION	RESPONSIBLE PERSON/TITLE
1.				
2.				
3.				
4.				
5.				

**LEISURE ACTIVITIES** - List individual activities encouraged by the facility such as gardening, painting, care of pets, reading, entertaining friends, music and other activities that help residents cultivate personal interests.

PLANNED ACTIVITIES	FREQUENCY	DURATION	LOCATION	RESPONSIBLE PERSON/TITLE
1.				
2.				
3.				
4.				
5.				
6.				

**PHYSICAL ACTIVITIES** - List exercise activities provided by the facility such as planned walks, outdoor games, swimming, calisthenics, bicycling, rope jumping, dancing and other activities that develop strength and coordination.

PLANNED ACTIVITIES	FREQUENCY	DURATION	LOCATION	RESPONSIBLE PERSON/TITLE
1.				
2.				
3.				
4.				
5.				