

## CALFRESH TENGX NYEI JAUV

### HNANGV HAAIX NOR BOX TAUX BIAUV ZONG TIUV NYEI JAUV

Mouz laanh mienh dongh duqv zipv jivn CalFresh (nyanc hopv nyaanh) tengx nyei javu oix zuqc box bun hiuv haaix zanc biau zong maaih goiv yienc nyei javu. Se gornv meih maiv hiuv dingc hnangv haaix nor box, haaix nyungc qiex zuqc box, fai qiex zuqc haaix nyungc dengv nyei sou, meih oix zuqc naaic meih nanv sou-gorn mienh. Meih duqv zipv naaiv zeiv fiex weic zuqc:

- Meih puix duqv zipv CalFresh caux oix zuqc box fiex taux tiuv nyei javu ei Box Goiv Yienc nyei yietv-nyeic.
- Yiem jix daaih wuov douc, meih nyei biau zong zuqc paaiv daaih Yietc Hnyangx Box I Nzunc Fiex taux goiv yienc nyei javu. Yangh naaiv jix mingh oix zuqc box Goiv Yienc nyei javu ei dingc daaih nyei yietv-nyeic.

Box Goiv Yienc nyei leiz se porv mengh yiem ga'ndiev naaiv:

### BOX GOIV YIENC NYEI JAUV

Meih **NDONGC HAAIX ZUNGV** oix zuqc box taux ga'ndiev naaiv deix goiv yienc nyei javu yiem 10 hnoi gu'nyuoz:

- Se gornv meih nyei biau zong maaih goiv yienc yiem meih mbuo zornc bieqc nyei nyaanh, fai biau zong duqv zipv nyei nyaanh hlaax jix gorn, dingh, fai tiuv camv jix ndaangc \$100.00.
- Se gornv meih nyei biau zong duqv zipv maiv zeiz zornc daaih nyei nyaanh hlaax, fai meih nyei biau zong maiv zeiz zornc daaih nyei nyaanh hlaax jix gorn, dingh, fai tiuv camv jix ndaangc \$50.00.
- Haaix laanh mienh yiem biau zong maaih goiv yienc yiem duqv zipv bieqc nyei nyaanh.
- Meih suiv mingh caux ganh dauh yiem fai haaix dauh suiv daaih caux meih yiem fai biau cuotv meih nyei biau, liemh jivn siang-gu'nguaaz, ganh dauh fu'jueiv, cai-doix, ganh dauh cien-ceqv fai maiv zeiz cien mouz-doic.
- Haaix dauh suiv mingh ganh norm dornv yiem, mbenc jivn oix suiv fai maaih siang-zipv fiex nyei deic-zepv.
- Meih biau zong yietc zungv maaih nyei nyaanh, (stocks) juang saeng-eix nyaanh, (bond) siu nyei saeng-eix nyaanh fai ganh yiem nyaanh maaih jaax-zinh gauh camv \$2000 (fai \$3250 se gornv haaix dauh yiem meih nyei biau zong hnyangx-jeiv 60 fai gauh gox ai benx maiv fangh mbienc nyei mienh.
- Se gornv maaih haaix nyungc tiuv yiem dongh paaiv sic dornv dingc bun haaix dauh meih nyei biau zong mienh oix zuqc cuotv goux fu'jueiv nyei nyaanh bun yietc dauh fu'jueiv dongh maiv caux meih nyei biau zong juangc biau yiem.
- Se gornv meih puix duqv zuqc Buonh Sin Wangc Siangx nyei Domh Mienh Maiv Maaih Fu'jueiv (ABAWD) zoux gong nyei leiz weic meih zoux gong caux meih zoux gong nyei ziangh hoc ndortv gauh aiv 20 norm ziangh hoc yietc norm leiz-baaix fai 80 norm ziangh hoc yietc hlaax nyieqc. CalFresh nyei leiz jaa-jamv taux haih duqv zipv CalFresh tengx nyei javu buangv 3 hlaax yiem 3 hnyangx gu'nyuoz weic (ABAWDs) bun taux haaix dauh maiv zoux gong fai maiv bieqc hoqc gong caux ganh nyungc duqv dingc daaih nyei javu-louc. Meih se piatv ndutv maiv zuqc zoux ei (ABAWD) zoux gong nyei leiz caux maiv qiex zuqc box fiex bun taux zoux gong nyei ziangh hoc zoqc njiec se gornv meih:
  - Yiem yietc norm nquenc dongh maiv zuqc gan (ABAWD) zoux gong nyei leiz weic zuqc mienh ndortv gong nyei soux mouc hlang haic;
  - Hnyangx-jeiv maiv taux 18 hnyangx fai 50 hnyangx fai gauh gox;
  - Maaih sou-gorn dengv benx buonh sin fai m'nqornv-famv benx zoux maiv duqv gong nyei mienh;
  - Puix duqv zuqc CalWORKs (tengx gong nyaanh) Welfare-to-Work (tengx gong nyaanh) nyei leiz
  - Ziux goux maaih mun fai maaih baengc nyei mienh dongh qiex zuqc mienh goux mangc gauh lauh 30 hnoi;
  - Oix zuqc mingh bieqc yiem dangx diuv fai in nyei dornv dongh maiv haih mingh zoux gong 30 norm ziangh hoc fai gauh camv yiem yietc norm leiz-baaix;
  - Duqv zipv jivn fai tov jivn Ndortv Gong Nyaanh tengx nyei javu;
  - Maaih gong fai ganh nyei siqc jeiv gong dongh yietc norm leiz-baaix zoux 30 norm ziangh hoc fai norm-norm leiz-baaix duqv zipv zornc nyei nyaanh doix-dangc guoqv zaangc hung haa dingcyietc norm ziangh hoc aiv jix nyei gong-zingh mborqv funx 30 gouv nyei ziangh hoc;
  - Doqc jivn sou zoqc haic yaac ndaamv-buonc ziangh hoc;
  - Maaih gu'nguaaz faaux sin; fai
  - Juangc yiem caux duqv zipv CalFresh nyei biau zong dongh maaih maiv buangv hnyangx-jeiv nyei fu'jueiv maiv gunv wuov dauh fu'jueiv maiv duqv zipv CalFresh.

Meih **HAIH** box fiexhaaix zanc:

- Maaih haaix laanh mienh nyei sin zaangc fai m'nqornv-famv baengc jix gorn fai dingh.
- Maaih haaix laanh mienh nyei benx guoqv zaangc mienh nyei sou-gorn (citizenship), biau bieqc deic-bung nyei sou-gorn (immigration) tiuv fai duqv zipv fiex, sou-gorn fai siang-sou-gorn yiem (U.S. Citizenship and Immigration Services (USCIS)) dongh benx Meiv Guoqv Goux Baeqc Fingx caux Bieqc Cuotv Deic-Bung Mienh nyei Gorn, dongh ndaangc douc heuc (INS) wuov.
- Meih maaih tiuv nyei javu yiem meih fu'jueiv qiex tengx nyei nyaanh
- Meih nyei biau zong maaih haaix laanh mienh maaih hnyangx-jeiv 60 hnyangx fai gauh gox yaac maaih goiv yienc fai siang-qiex longc yiem zorc baengc nyei javu. Se gornv zien maaih nyei, meih zipv nyei soux mouc se oix maaih tiuv siang nyei javu.
- Meih nyei biau zong maaih haaix laanh mienh jix gorn cuotv nyaanh dongh paaiv sic dornv dingc bun uix fu'jueiv dongh maiv caux juangc biau yiem.

**I nyungc meih haih ginv box fiex taux tiuv nyei javu:**

- Yiem fiex, heuc dinc daaih, fai mingh buangh hmien doic hmien yiem Nquenc nyei CalFresh zoux gong dornv; fai
- Yiem fungx nzuonx (CF 377.5 CR CalFresh) Biau Zong Box Goiv Yienc nyei sou-box

### BORQV CALFRESH TENGX NYEI JAUV

California Borqv CalFresh tengx nyei javu nyei gorn bun CalFresh taux 5 hlaax nyieqc bun taux bauv zong dongh cuotv CalWORKs wuov deix. Se gornv meih nyei biau zong jix gorn duqv zipv CalFresh, meih maiv zuqc box fiex bun hiuv yiem dongh meih corc zipv jivn naaiv deix nyaanh.

Se gornv meih duqv zipv jivn CalFresh, meih haih aengx zoux sou tov nzunc mangc gaax haih duqv zipv nyaanh gauh camv deix fai. Se gornv meih aengx zoux sou tov nzunc caux puix duqv zipv CalFresh nor, meih oix zuqc zoux ei nzengc yietc zungv pouh tong box fiex nyei leiz.