

**Hello, my name is \_\_\_\_\_.**

I speak limited English. I need competent language assistance in Hmong to have full and effective access to your programs.

Under Title VI of the 1964 Civil Rights Act, public agencies are obligated to provide competent language assistance to limited-English-proficient individuals. Social and health service agencies may call HHS Office for Civil Rights at 1-800-368-1019 for more information. Food Stamp and WIC agencies may call USDA Office of Civil Rights at 1-888-271-5983. All other agencies may call U.S. Department of Justice, Civil Rights Division, at 1-888-848-5306.

**Nyob zoo, kuv npe hu ua \_\_\_\_\_.**

Kuv paub lus Ameslikas me me xwb. Yuav tsum muaj neeg pab txhais lus Hmoob rau kuv mas thiaj li yuav nkag siab zoo thiab txawj siv nej txoj kev pab.

Raws li txoj cai Pejxeem (Civil Right Acts) xyoo 1964 nqe 6 hais tias, Nom tswv tej koom haum yuav tsum nrhiav cov neeg txhais lus rau tus neeg tsis paub lus Amelikas zoo. Koom haum tswjhwjwm pej xeem kev noj qab nyob zoo (Social and Health Service Agencies) xav paub ntxiv hu rau (HHS) lub tsev tswjhwjwm Cai Pej Xeem (Office of Civil Rigths) ntawm 1-800-368-1019. Koom haum Nyiaj muas noj thiab WIC hu tau rau USDA (United States Department of Agriculture) tsev saib xyuas cai pej xeem ntawm 1-888-271-5983. Yog nej yog Koom haum lwm yam, hu tau rau Chav Tuam Tsev Tswj Kev Ncaj Ncees (U.S Department of Justice) Chav Tuam Tsev tswjhwjwm pej xeem cai ntawm 1-888-848-5306.

Hmong