<table>
<thead>
<tr>
<th>LAW &amp; REGULATIONS (6 Hours)</th>
<th>BUSINESS OPERATIONS (3 Hours)</th>
<th>MANAGEMENT &amp; SUPERVISION OF STAFF (3 Hours)</th>
<th>PSYCHOSOCIAL NEEDS (4 Hours)</th>
<th>COMMUNITY &amp; SUPPORT SERVICES (3 Hours)</th>
</tr>
</thead>
<tbody>
<tr>
<td>• Health and Safety Code 1520</td>
<td>• Liability issues</td>
<td>• Staffing requirement/ ratio</td>
<td>• Identifying characteristics, common stigmas, and special needs of client populations</td>
<td>• Responsibilities &amp; expectations of referral agencies</td>
</tr>
<tr>
<td>• Regulations Title 22, Div 6, Chapters 1 &amp; 6</td>
<td>• Budgeting and fiscal documentation</td>
<td>• Hiring practices:</td>
<td>• Developmental Disabilities</td>
<td>• Overview of courts, welfare, probation, and mental health</td>
</tr>
<tr>
<td>• Administrator qualifications, responsibilities, and accountability</td>
<td>• Monitoring of ongoing operations</td>
<td>o Criminal background requirements and exemptions</td>
<td>o Autism</td>
<td>• Community integration, personal safety</td>
</tr>
<tr>
<td>o Mandated reporting</td>
<td>• Funding sources</td>
<td>o Use of volunteers/ interns</td>
<td>o Cerebral Palsy</td>
<td>• Role of Ombudsman</td>
</tr>
<tr>
<td>o Confidentiality</td>
<td>• Marketing a facility</td>
<td>o EEO requirements</td>
<td>o Down Syndrome</td>
<td>• Role of Adult Protective Services (APS)</td>
</tr>
<tr>
<td>o Personal rights</td>
<td>• Record keeping</td>
<td>o Job descriptions</td>
<td>o Epilepsy</td>
<td>• County mental health services</td>
</tr>
<tr>
<td>o Complaint procedures</td>
<td>• Rate setting by agencies or organizations</td>
<td>o Third party contractors Performance evaluations</td>
<td>o Fetal Alcohol Syndrome</td>
<td>o Non-emergency</td>
</tr>
<tr>
<td>• Civil Penalties &amp; Appeals</td>
<td>• Basic services</td>
<td>• Staff terminations</td>
<td>o Fragile X Syndrome</td>
<td>• Educational/ library programs</td>
</tr>
<tr>
<td>• Ongoing monitoring visits and audits</td>
<td>• Other agencies</td>
<td>• Personnel policy manual</td>
<td>o Intellectual Disability</td>
<td>• Day treatment programs</td>
</tr>
<tr>
<td>o Inspections</td>
<td>o IRS</td>
<td>o Personnel records requirements</td>
<td>o Prader-Willi Syndrome</td>
<td>• Collaboration/</td>
</tr>
<tr>
<td>o Corrective Action Plans</td>
<td>o EDD</td>
<td>• On-call / Emergency coverage</td>
<td>o Schizophrenia</td>
<td>role with:</td>
</tr>
<tr>
<td>• State Fire Code Regulations</td>
<td>o Homeland Security (I.C.E.)</td>
<td>• Managing overtime</td>
<td>o Schizo-Affective</td>
<td>o Police</td>
</tr>
<tr>
<td>o R2 Occupancies</td>
<td>• SSA</td>
<td>• Admin/ staff training requirements</td>
<td>o Bipolar Disorder</td>
<td>o Fire Dept.</td>
</tr>
<tr>
<td>• Conservatorship</td>
<td>• Audits:</td>
<td>o First Aid/CPR</td>
<td>o Depression &amp; Anxiety</td>
<td>o Sheriff</td>
</tr>
<tr>
<td>• Full &amp; limited Power of Attorney</td>
<td>o Program</td>
<td>o Immunizations and health</td>
<td>o Dementia</td>
<td>o Emergency medical response teams</td>
</tr>
<tr>
<td>• SSA</td>
<td>o Financial</td>
<td>o Water safety</td>
<td>o Mental Health Issues</td>
<td>o Business sector</td>
</tr>
<tr>
<td>• Representative Payee</td>
<td>• Accounting &amp; tax filing requirements</td>
<td>o Cal-OSHA</td>
<td>o Drug and alcohol abuse</td>
<td>o Local advocacy groups</td>
</tr>
<tr>
<td>• Limits of</td>
<td>• Fund raising:</td>
<td>o Illness/injury prevention plan</td>
<td>o Bereavement and stress issues</td>
<td>• Transportation</td>
</tr>
<tr>
<td>o Physical Plant</td>
<td>o What’s legal?</td>
<td>o Staff Duties/ responsibilities</td>
<td>• Caring for and respecting clients' dignity</td>
<td>• Other resources</td>
</tr>
<tr>
<td>o Building permits</td>
<td>o Audits</td>
<td>o Employer responsibilities</td>
<td>• Client rights</td>
<td></td>
</tr>
<tr>
<td>o Building &amp; grounds</td>
<td>o How to mix with other funds</td>
<td>o Staffing patterns</td>
<td>• Family involvement / participation and dynamics</td>
<td></td>
</tr>
<tr>
<td>• Alterations to existing facilities</td>
<td>• Itemization and protection of client property</td>
<td>o Staff professional relationships and boundaries with clients</td>
<td>• Resident Councils</td>
<td></td>
</tr>
<tr>
<td>o ADA accessibility</td>
<td>• Neighborhood relations and business practices</td>
<td></td>
<td>• Religion and spirituality</td>
<td></td>
</tr>
<tr>
<td>• Department of Labor</td>
<td>• Personal and Incidental client funds accounting</td>
<td></td>
<td>• Value and requirements for activities</td>
<td></td>
</tr>
<tr>
<td>o Labor Laws related to health insurance</td>
<td>• Commingling of funds</td>
<td></td>
<td>• Micro Enterprise</td>
<td></td>
</tr>
<tr>
<td>o Overtime</td>
<td></td>
<td></td>
<td>• Vendorization with DDS Regional Centers</td>
<td></td>
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<tr>
<td>o FLSA</td>
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*Subtopics within the basic curriculum may include, but are not limited to, the topics specified in this ARF Core of Knowledge Guideline.
### PHYSICAL NEEDS (4 Hours)
- Food services
  - Nutrition
  - Food storage
  - Menu planning
  - Special diets
- Specific health conditions
  - Epilepsy
  - Obesity
  - Diabetes
  - Bedridden
  - Postural Supports
- Managed care
- Medi-Cal coverage
- ADA accessibility
- Reporting physical injuries & follow-up
- Pressure ulcers
- Wound care
- Assisting with ADLs
- Individual health care needs
  - Dental
  - Vision
  - Podiatry
  - Hearing
  - Physical limitations
  - Hospice care
- Universal precautions
- Sexuality

### MEDICATION (4 Hours)
- Administration of medication
  - Technical aspects
  - Regulatory requirements:
    - Storage
    - Documentation
    - Disposal
- Role of medications in treatment plan, including typical interactions & staff’s role
- Communication with pharmacists, MDs
- Drug interaction/ pharmacodynamics
- Common medications:
  - Infection control
  - Seizure disorder
  - Psychotropic
- Use of chemical constraints
  - Medi-Cal
  - Medical/dental funding

### ADMISSION & ASSESSMENT RETENTION (3 Hours)
- Program statement
- Appraisals:
  - Pre-admission
  - Physician’s report
  - Functional
  - Social
  - Ongoing
- Medical/dental funding/Medi-Cal
- Needs and services plan:
  - Development
  - Observations
  - Review
  - Conservator
  - Functional Assessment Plans and behavior plans for individualized crisis management
  - Charting and documentation
  - Admission agreements
  - Adult Protective Services & emergency placement
  - Incidental medical services
    - Allowable
    - Restricted
    - Prohibited
  - Client satisfaction and retention
  - Age exceptions
  - Relocation & eviction

### EMERGENCY INTERVENTION NON-VIOLENT (4 Hours)
- Special incident reporting
- 5150
- Overview of behavior:
  - Management systems
  - Modification
  - Social
  - Ongoing
  - Management of aggression
  - Behavior intervention plans
- Use of physical restraints specific to Title 17 & 22 under age exceptions
- Other waivers
  - Seat belts
  - Half rails
- Awareness of public’s and law enforcement’s perception of client behaviors
  - Pro-Act
  - CPI
  - PCMA
  - MANDT Other resources

### CULTURAL COMPETENCY (1 Hour)
- AB 63
- Issues related to the underserved lesbian, gay, bisexual, transgender, and questioning (LGBTQ)
- Community
- Ethics & values
  - Self-awareness (gender identity)
  - Education
  - Skills
  - Resources
  - Advocacy
- Staff training requirements
- Equality of care HIV
- Confidentiality

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