

**Short-Term Residential Therapeutic Program (STRTP) 40-Hour Initial Certification
Core of Knowledge Guideline***

LAW & REGULATIONS (6 Hours)	BUSINESS OPERATIONS & MANAGEMENT, SUPERVISION & TRAINING OF STAFF (8 Hours)	PHYSICAL & PSYCHOSOCIAL NEEDS (4 Hours)	PERMANENCE, WELL-BEING & EDUCATIONAL NEEDS (2 Hours)	COMMUNITY & SUPPORT SERVICES (3 Hours)	MEDICATIONS/ PSYCHOTROPIC MEDICATIONS (4 Hours)
<ul style="list-style-type: none"> • Health and Safety Code 1522.41 • Interim Stds (effect. 7/16, until regs in place, then – Regulations Title 22, Div 6, Chapter 1 & subchapter 4.6) <ul style="list-style-type: none"> ○ Administrative responsibility/ accountability ○ Mandated reporting ○ Confidentiality ○ Personal rights ○ Complaint procedures • State Fire Code Regulations <ul style="list-style-type: none"> ○ R2 Occupancies ○ Six (6) or less ○ More than six (6) • Non-profit law • W&I Code 300/600/632 • DHCS Mental Health Program Certification • Medi-Cal Certification 	<ul style="list-style-type: none"> • Business Ops: • Liability issues • Budgeting, fiscal & program documentation • Monitoring of ongoing ops • Funding sources • Overview of labor laws <ul style="list-style-type: none"> ○ Wage Order 5 • Rate setting/ record keeping • Contract compliance • Audits - <ul style="list-style-type: none"> ○ Program ○ Financial • Fund raising • Mgmt, Sup. Trng: • Staffing require-ment/ ratio • Hiring practices - <ul style="list-style-type: none"> ○ Criminal background requirements ○ Use of interns/ volunteers ○ EEO requirements ○ Job descriptions ○ Federal/ State requirements • Performance evaluations <ul style="list-style-type: none"> ○ CQI process • Personnel policy manual • Personnel records requirements • Annual staff training requirements • Illness/injury prevention plan • Disaster plan • CCL physical plant requirements • Staff duties/ responsibilities • National Accreditation Process • OSHA requirements 	<ul style="list-style-type: none"> • Illness/injury plan • Food • Health care • Recreation/ activities • Community integration • Identifying characteristics and special needs of client population • Child Family Team/family involvement/ participation and dynamics • Emotional management • AB 12 (Ch. 559/2010) population • Behavior management • De-escalation techniques • Trauma-informed crisis management • Planning 	<ul style="list-style-type: none"> • Permanency planning • CFT meeting participation • Pre-placement visits • Effective treatment planning • Education: <ul style="list-style-type: none"> ○ General requirements ○ Understanding of special education ○ Assessment ○ AB 167 (Ch.224/2009) ○ AB 490 (Ch.862/2003) • Educational choices 	<ul style="list-style-type: none"> • Responsibility & expectations of referral agencies • Overview & responsibilities of courts, welfare, probation, mental health, etc. • Community engagement • Collaboration with/role of: <ul style="list-style-type: none"> ○ Police ○ Fire Dept. ○ Sheriff ○ Emergency medical response teams • Other resources • Accessing local behavioral & mental health supports & interventions, substance use disorder treatments, & culturally relevant services. 	<ul style="list-style-type: none"> • Assistance with self-administration of medication <ul style="list-style-type: none"> ○ Technical aspects • Reg. requirements & best practices include: <ul style="list-style-type: none"> ○ Court authorization ○ Uses ○ Benefits ○ Side effects ○ Interactions ○ Misuse ○ Metabolic monitoring ○ Storage ○ Documentation ○ Disposal • Role of medications in treatment plan, including typical interactions & staff's role • Communication with pharmacists, MDs • Drug interaction/ pharmacodynamics • Common meds: <ul style="list-style-type: none"> ○ Infection control ○ Seizure disorder ○ Over the Counter ○ Pro Re Nata (PRN) ○ Supplements, vitamins, herbs • Medi-Cal eligibility • Treatment Authorization Request (TAR)

09/19 *Subtopics within the basic curriculum must include those in H&SC 1522.41(c)(2), *italicized here*, and may include, but are not limited to, the additional subtopics in this STRTP Guideline.

^Removed one hour from Community & Support Services to add one hour to Sexual and Reproductive healthcare information, including rights.

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ADMISSION & ASSESSMENT, RETENTION & NON-DISCRIMINATION (5 Hours)	FEDERAL INDIAN CHILD WELFARE ACT (1 Hours)	CULTURAL COMPETENCY (2 Hours)	NON-VIOLENT EMERGENCY INTERVENTION & REPORTING (2 Hours)	SAFETY OF FOSTER YOUTH (2 Hours)	SEXUAL AND REPRODUCTIVE HEALTH CARE AND INFORMATION (1 Hour)
<ul style="list-style-type: none"> • Program statement • Allowable vs. Prohibited conditions/IMS • Needs and services plan: <ul style="list-style-type: none"> ○ Development ○ Review • Charting and documentation • Admission agreements • Termination • Graduation • Emancipation: Independent living • Transition housing • Discharge/after care • Client satisfaction • Prog. outcome • Age exceptions • Non-discrimination or harassment • Client's rights <ul style="list-style-type: none"> ○ Fair & equal access to all avail. services, placement, care, treatment, benefits 	<ul style="list-style-type: none"> • (25 USC Sec 1901 et seq) • Historical significance • Rights of children covered by Act • Interests of Indian children including culturally appropriate child-centered practices that respect Native American history, culture, retention of tribal membership, & connection to tribal community & traditions 	<ul style="list-style-type: none"> • Diverse ethnic and racial backgrounds • LGBTQ • Legal Ethics & values • Self-awareness • Education/skills/resources/advocacy • Staff training requirements 	<ul style="list-style-type: none"> • Special incident reporting • Awareness/ overview of • WIC 5150 • Overview of behavior: <ul style="list-style-type: none"> ○ Management systems ○ Modification • Emergency intervention regulations • Other resources 	<ul style="list-style-type: none"> • CA Student Safety & Violence prevention Act of 2000 • (Educ Code Title 1, Div 1, Pt 19, Ch 2, Art 3.6, Sec 32228 et al) • Resolving conflict <ul style="list-style-type: none"> ○ Early prevention ○ Bullying: Affects, statistics, cyber-bullying ○ Mediation techniques ○ Gangs ○ Recreational drugs 	<ul style="list-style-type: none"> • SB 89 (2017) HSC 1522.41 (c)(2)(L) • WIC Section 16521.5 (h)&(i) "...sexual and reproductive health care and information."

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