Attention Families!
DON'T MISS OUT ON FOOD BENEFITS

What is CalFresh Food?
CalFresh Food helps people with low-income buy the nutritious food they need for good health. Recipients can buy food at any grocery store or farmers market that accepts EBT.

How do I know if I am eligible?
- Click, Call or Come in to your local county office.
- Complete an application – by phone, on-line, or in person.
- Complete an interview – by phone or in person.
- Provide proof of income and expenses, if needed.
- The county will determine your eligibility in 30 days or less.

Families + CalFresh =
- Nutritious, kid-friendly lunches
- Meals prepared at home that the whole family will enjoy
- Less time worrying about getting food on the table and more time spent with family!

Click [GetCalFresh.org](http://GetCalFresh.org) to apply online
Call [1-877-847-3663](tel:1-877-847-3663) (FOOD)
Come in/find an office [CalFreshFood.org](http://CalFreshFood.org)

For other languages, or reasonable accommodations, ind an office at [CalFreshFood.org](http://CalFreshFood.org). For speech and/or hearing assistance call [711 Relay](tel:711)

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