Get CalFresh Food Benefits for Your Family Now

All U.S. born children may qualify for CalFresh Food benefits.
No matter where their parents were born.

Participating families of three can receive $16 - $509 each month.

CalFresh Food is California's Supplemental Nutrition Assistance Program (SNAP) that provides monthly food assistance for individuals and families with low incomes.

Applying is easy and the first step only takes 10–15 minutes.

You can apply for and receive CalFresh Food benefits without ever going into a county social service office. Apply online, talk to a county social service worker over the phone, and have your EBT card mailed to you.

Find out if you're eligible, apply today:

- Click **GetCalFresh.org**
- Call **1-877-847-3663** (FOOD)
- Find an office at **CalFreshFood.org**

CDSS
CALIFORNIA DEPARTMENT OF SOCIAL SERVICES

For other languages or reasonable accommodations, find an office at CalFreshFood.org. For speech and/or hearing assistance call **1-877-847-3663 (FOOD)** or **711 Relay**

CalFresh FOOD

State of California Health and Human Services Agency | California Department of Social Services | Funded by USDA, an equal opportunity provider and employer.