

CALFRESH GONG BOU BUN GUNV ZIUX GOUX JIENV SIC NYAANH SOU- DAAN NYEI SOU-BEIH

JIENV KUV WAAC OIX ZUQC HIUV

JIENV ZUQC ZIUX GOUX NYEI NYAANH SOU-DAAN SEI ZEIX BENX:

Nyaanh sou-daan gorn yiem nyaanh lamz, kre-nditc gong-gorn yiem dongh meih mbuo hmuang-doic zuqv zipv longc CalFresh nyaanh wuov haih siou nyaanh bun liouh longccuotv ei gan ga'ndiev deix nyungc zeiv:

- Maaiz biauv yiem
- Jiex gorn zoux saeng-eiz a'fai
- Doqc sou a'fai hoqc gong ziux goux nyaanh ziouv sou-daan aengx caux ninh nyei hmuang-doic. (Hmuang-doic nor sei dongh haaix dauh maaih a'fai maiv haih tov longc corc sei oix zuqc juangc jienv nyaanh ziouv sou-daan longc ei gan dei-bung siou zornc zinh nyei nzou-zinh.)

Ndaangc meih mingh koi gunv ziux goux nyei nyaanh sou-gorn, meih yaac oix zuqc maaih baeqc nyaanh yiem buoz zangc aengx caux da'diuc siou-setv (beiv mangc nyungc zeiv nyaanh lamz sou-buonv gorn, maaiz maaic huoz, biauv.) maiv bun longc cuotv maaih jaa-zinh jiex ndaangc dongh meih maaih wuov. Naaiv nor sei wueic laaix gorngv:

Se gorngv meih longc zinh nyaanh cuotv yiem meih nyei gunv ziux goux jienv nyei nyaanh sou-daan tengx goux mangc jiepv zeih hiuang nyei sic dauh benx zuqc maaih mienh ndortv nzuonz seiz a'fai njiouz maengc sic dauh nor, zorqv nyaanh cuotv sei funx benx maaih jaa-jamv buonc nyaanh benx \$2,000 a'fai \$3,250 (se gorngv maaih mienh yiem jaa-dingh waaic fangx a'fai maaih hnyangx jeiv 60 hnyangx a'fai gauh goz faauz).

LEI-NYEIC LIOUH GUNV ZIUX GOUX NYAANH SOU-DAAN:

- Meih zuqc zipv longc CalFresh nyaanh dongh meih koi nyaanh sou-gorn nyei ziangh hoc.
- Bun longc gauh camv jiex yietc norm gunv ziux goux nyaanh nyei sou-daan gorn.
- Maiv maaih bun-paaiv jaa-jamv gorngv maiv bun maaih nyaanh camv faaux yiem siou-zanv gunv ziux goux nyei sou-daan gorn.
- Yietc zungv zinh nyaanh dapv siou yiem yietc zungv gunv ziux goux sou-gorn daan maiv saauv funx benx meih nyei horpc jaa nyei souz mouc jaa-jamv buonc nyaanh.
- Meih zuqc njiec mbuoz yiem gunv ziux goux nyaanh sou-gorn daan **ndaangc** sou-gorn daan zuqc dorh mingh bun-paaiv bun koi benx gunv ziux goux sou-daan gorn.
- Meih haih longc nyaanh cuotv ei gan ninh mbuo paaiv bun nyei buonc souz mouc hngangv.
- Meih zuqc siou zinh nyaanh aengx caux leic zinh zornc duqv gan naaiv gunv ziux goux nyaanh sou-daan gorn **bun ganh ca'lengc siou** yiem da'nyeic norm sou-daan gorn.
- Leic zinh zornc bieqc duqv gan gunv ziux goux nyaanh sou-daan gorn oix zuqc dapv bieqc yiem ninh nyei sou-daan gorn.
- Meih zuqc fiev ziangx gunv ziux goux nyei nyaanh sou-daan gorn buate longx sou-daan yiem norm norm nyaanh sou-daan gorn.
- Se gorngv meih koi maaih gunv goux sou-daan gorn aengx caux guon maiv zipv longc CalFresh nyaanh liuz aqv nor zinh nyaanh yaac zuqc funx benx daanh taux meih nyei jaa-dingh siou-setv aengx caux ga'naai-nyungc se gorngv meih corc aengx zoux sou mingh tov siang liouh heuc tengx nyaanh nor.

BOX TONG SOU-FIENX ZORQV CUOTV NYEI NYAANH

- **Box tong jaa-dingh sou yietc hnyangx 2 nzunc**
 - Zorqv nyaanh cuotv dongh dongh box tong fiensex ndaamh hnyangx nyei ziangh hoc nor maiv zuqc box tong sou zuov taux meih nyei da'nyeic nzunc box tong sou zornc nyei nyaanh (SAR 7) a'fai ganh oix zuqc zoux sou laengz jhex siang ziangh hoc.
 - Ninh mbuo kaa div oix zuqc ganh zaah dimv mangc jhex siang meih nyei jaa-dingh nyungc zeiv longc siou nyaanh zeiv yiem meih nyei ndaam hnyangx box tong fiensex sou wuov aengx caux bun-paav mangc sei gorngv zorqv cuotv yiem nyaanh lamz nyei buonc nyaanh bun duqv longc cuotv nyei buonc. Se gorngv meih nyei nyungc zeiv ga'naav maaih jaa-zinh gauh zaanc jhex souz mouc nyei jaa-jamv yiem ga'ndiev wuov (\$2,000/\$3,250) nor meih yaac zuqc gin v liouh zengc njiec nyei nyaanh se gorngv qiemx longc nor.
- **Box tong fiensex gorngv taux goiv yiem jaa-dingh**
 - Duqv zorqv nyaanh cuotv yiem meih nyei gunv ziux goux nyei sou-daan gorn nor zuqc box tong fiensex mbuox yiem 10 hnoi ga'nyuoz yiem ei gan zorqv nyaanh cuotv nyei hnoi saav daaih.
 - Ninh mbuo kaa div zuqc tengx zaah dimv mangc nyungc zeiv bun-paav maaih jaa-jamv nyei buonc yiem 10 hnoi ga'nyuoz yiem tong fiensex sou funx daaih.
 - Wueic laaix meih zorqv nyaanh cuotv nyei sic dauh cingx daaih oix zuqc bun-paav yietc nyeic gin v longc bun borqv zipv jien v mingh.
 - Se gorngv meih nyei nyungc zeiv siou setv yiem ga'ndiev wuov duqv bun-paav maaih souz mouc benx (\$2,000/\$3,250) meih yaac corc zuqc liouh zengc njiec bun gin v longc nyaanh se gorngv mv zeix gin v longc.

LONGC CUOTV NYEI NYAANH● **Maaiz biauv liouh ganh yiem**

Meih corc haih longc nyaanh yiem gunv ziux goux nyei nyaanh sou-daan liouh:

- Dapv siou bieqc, zinh jaaz, cuotv gaav biauv yiem, cuotv lei-nyeic zinh
- Ndorm zinh nziouv hmuangx guon nyei jaaz
- Zorc dorngx aengx caux zorc zoux longx wuov sic dorngx

Maiv bun meih longc gunv ziux goux sou-daan nyaanh liouh longc cuotv taux:

- Maaiz die-dangx nyungc horngx
- Jaa-dingh huo-muotc

● **Doqc sou a'fai hoqc gong zoux liouh gouz gan nyei nyaanh ziouv sou-daan aengx caux ninh nyei juangc hmuangv doic:**

Meih sei longc duqv gunv ziux goux sou-daan nyaanh liouh:

- Zinh jaaz, doqc sou ging-zinh, maaiz sou, horqc dorngx longc nyei jaa-sic, wuoc ginc, ganh ca'lengc qiemx longc nyei lui-houz
- Horqc saeng yiem nyei dorngx caux nyanc hopv jav
- Cie-zinh mingh nzuonx horqc dorngx/hoqc gong dorngx
- Tengx goux mangc fu'jueiv jaaz qiemx bieqc horqc

NZIPC JIENV LONGC CUOTV NYEI NYAANH● **Jhex gorn zoux siang-saeng-eiz**

Meih sei bun longc duqv gunv goux nyei sou-daan nyaanh liouh bun:

- Maaiz, zorc longx aengx caux maaiz zoux saeng-eiz nyei jaa-sic
- Wuotc ginc, lui hou z ga'naav nyungc, da'nyeic diuc fih nqaeqv a'fai qiemx longc nyei lui hou z caux heh daapc
- Cuotv nyaanh bun gaav longc lei-nyeic aengx caux liouh zoux saeng-eiz siou-setv a'fai wuonv caengx huo-muotc
- Cuotv gaa-biauv jaaz, uom-douz jaaz yiem zoux gong dorngx a'fai gaengx ka-ndau dorngx
- Gong-mienh nyei nyaanh hlaaz
- Ga'naav longc sou-gorn, dorh ga'naav longc aengx caux fungx ga'naav nyungc jaa-zinh
- Zoux saeng-eiz zinh jaaz, nzou-zinh jaaz, beu sengh jaaz, zoux sou njiec nzangc a'fai da'diuc sai-diez jaaz

Maiv bun meih longc gunv ziux goux sou-daan nyaanh liouh longc cuotv taux:

- Maaiz ganh si'jeiv ga'naav longc, beiv taux nyungc zeiv gorngv mingh nyienx a'nziaauc njien-yiouh nyei jav

BUN NYUNGZ ZEIV ZAAH DIMV MANGC

Meih zuqc dorh nyungc zeiv mingh bun ninh mbuo kaa div tengx zaah dimv mangc dongh haaix zanc meih mbenc maaih oix koi gunv goux sou daan gorn aengx caux zorqv nyaanh cuotv yiem sou-daan gorn zangc.

● **Mangc nyungc zeiv dongh fih mbenc bun zaah dimv mangc aengx caux/a'fai zorqv nyaanh cuotv nor oix zuqc lemh jien v ga'ndiev deix:**

- Dapv nyaanh sou-buonv gorn, nyaanh lamz sou-piuh a'fai zipv nyaanh sou-piuh yiem nyaanh lamz, sienx hnyouv nyei nyaanh gong-gorn dorngx dongh bun mangc buatc mbuoz aengx caux buonc-deic nyaanh lamz dorngx yiem aengx caux nyaanh sou-daan mbuoz, nyaanh sou-daan nam mber aengx caux
- Yietc zungv nyaanh sou-daan zengc njiec aengx caux gong-bou caux hnoi nyieqc meih njiec mbuoz yiem laengz waac nyaanh sou-daan gorn.

● **Mangc nyungc zeiv dorh bun zaah dimv mangc cing dongh meih hnangv haaix nor longc nyaanh lemh jien v:**

- Nyaanh qekv maiv longc cuotv
- Njiec mbuoz yiem sou bun huo-muotc daaih a'fai tengx goux mangc nyei mienh bun buatc yietc nyeic gong-bou aengx caux buonc nyaanh longc cuotv wuov
- Cuotv nyaanh daan
- Nyaanh lamz gorn zangc bun gunv ziux goux nyaanh zengc njiec sou-daan